**I Have Decided to Get the COVID-19 Vaccine!**

I have gone through the Supported Decision Making process and **I have decided to get the COVID-19 vaccine**. This document will help me plan for my vaccine appointment.

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| I have decided to get the vaccine because: |
| Even though I want to get the vaccine, I may still be worried about: |
| If I spoke with my doctor about getting the vaccine, what information did they give me that may help me at my appointment? |
| Who would I like to support me while I get the vaccine? |
| Are there things I should bring with me to my vaccine appointment? For example, something I can hold onto, or music that helps calm me. |
| How can my supporters help me when I am at my appointment? For example, while I am waiting or if I feel nervous? |
| How will I celebrate my choice to get the vaccine? |